



Roots, Food and Culture Route



Itinerary name	Roots, Food and Culture Route in Guilhabreu
Promoter Entities/ Partnerships	Town Hall of Vila do Conde, Parish Council of Guilhabreu e Villae Piloto- Country House
Itinerary Type	Circular/ Small route
Location	Guilhabreu
Area field	Historical-Cultural/ Religious/
Length	3 km
Duration	4 hours (Lunch break and snack)
Ground type	Asphalt/Parallel
Difficulty	Low
Maximum Altitude	100 MT
Price	40€ (route and lunch)

Guilhabreu – Noble and Friendly Land

Guilhabreu is a traditionally blazonry land with farms and manor-houses that belonged to the most distinguished nobles from the Kingdom.

Gonçalo Mendes da Maia known as “O Lidador” who was here born was our first king D. Afonso Henriques’ arms partner. However besides this national hero Guilhabreu has the privilege of hosting poets, painters, warriors and renowned missionaries who dignify this council.

Main Scenic Spots

The main attractions of this route are manor-houses, farms, chapels, transepts, shrines and houses from famous people that enrich and give identity to the council.

Route description

The route starts from the Country House at 9h30 a.m. to the west in order to admire the big farm of “Santa Marta” that belonged to Dr. Albino Borges de Pinho, a prestigious lawyer in Lisbon.

Afterwards you will see the magnificent small palace that was from the doctor Albino Dias who also was the president of the Town Hall of Vila do Conde.

The route directs to the Square of Freixo where you can look at the remains of the manor-house from the ancient Farm of Freixo. Francisco Diogo de Sousa Cirne, the owner of this farm in 1858 was also the property owner of the small palace “Poço das Patas” in Porto.

This farm was one of the grandiose farms of the region “Between Douro and Minho”. It had a blazon and a chapel honouring our Lady of Nativity and then “Misericórdia”.



Next to the square of Freixo you’ll admire the beautiful and noble House of Calçada where in the northern side there is the ancient House of Bota. The frontispiece wall of the house has got a little shrine honouring the Souls from Purgatory, built in the eighteenth century.

